## **Medical History**



Name of physician/and their specialty \_\_\_\_\_

Most recent physical examination \_\_\_\_\_\_ Purpose \_\_\_\_\_\_

## What is your estimate of your general health? Excellent Good Fair Poor

DO YOU HAVE or HAVE YOU EVER HAD:	YES		YES
1. hospitalization for illness/injury		26. hives, skin rash, hay fever	
2. an allergic reaction to		27. STI / STD	
3. prolonged bleeding due to a slight cut (INR > 3.5)		28. hepatitis (type)	
4. emphysema, shortness of breath		29. HIV / AIDS	
5. tuberculosis		30. tumor, abnormal growth	
6. asthma		31. radiation therapy	
7. breathing or sleep problems (i.e. sleep apnea, snoring, sinus)		32. chemotherapy, immunosuppressive	
8. kidney disease		33. emotional problems	
9. liver disease		34. psychiatric treatment	
10. jaundice		35. antidepressant medication	
11. thyroid, parathyroid disease, or calcium deficiency		36. alcohol / drug addiction	
12. hormone deficiency		37. any condition not listed above	
13. high cholesterol or taking statin drugs		ARE YOU:	
14. diabetes (type 1 / 2)		38. presently being treated for any other illness	
15. stomach or duodenal ulcer		<ol> <li>aware of a change in your health in the last 24 hours</li> <li>(i.e. fever, chills, new cough, or diarrhea)</li> </ol>	
16. digestive disorders (i.e. celiac disease, gastric reflux)		40. taking medication for weight management	
17. osteoporosis/osteopenia (i.e. taking bisphosphonates)		41. taking dietary supplements	
18. arthritis, rheumatoid arthritis, lupus		42. often exhausted or fatigued	
19. joint replacement (type)		43. experiencing frequent headaches	
20. blood pressure(High / Low)		44. a smoker, smoked previously or use smokeless tobacco (amount per day, used for months / years)	
21. head or neck injuries		45. considered a touchy person	
22. epilepsy, convulsions (seizures)		46. often unhappy or depressed	
23. neurologic disorders (ADD/ADHD, prion disease)		47. FEMALE - taking birth control pills	
24. viral infections and cold sores		48. FEMALE - pregnant	
		49. MALE - experiencing prostate disorders	

## Additional Comments:

## List all medications, supplements, and vitamins that you are taking or have taken within the last two years:

Drug	Purpose	 Drug	Purpose

Please advise us in the future of any change in your medical history or any medications you may be taking.

Patient's/Guardian's Signature	Date	

Doctor's	Signature
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